

## **Phil Chilibeck Biography**

Dr. Phil Chilibeck is a Professor in the College of Kinesiology at the University of Saskatchewan. He did his B.Sc. in Kinanthropology at the University of Ottawa, his M.Sc. in Human Biodynamics at McMaster University, his Ph.D. in Kinesiology at Western University, and a post-doctoral fellowship in the Department of Physical Education and Recreation at the University of Alberta. He has been on faculty at the University of Saskatchewan since 1997. His research areas include exercise and nutritional interventions for prevention of disease (i.e. osteoporosis, diabetes, cardiovascular disease) and for improving performance in athletes (specifically strength training, soccer, hockey, and rugby). He has over 120 journal article or book chapter publications from his research. His teaching area is exercise physiology. He has received research funding through the Canadian Institutes of Health Research, the Saskatchewan Health Research Foundation, the Heart and Stroke Foundation, and Agriculture Agri-Foods Canada, and from industry, including Saskatchewan Pulse Growers, and the Dairy Farmers of Canada. He has been nominated three times for the University of Saskatchewan Students Union Teaching Award, and in 2016 received the University's Provost Award for Excellence in Teaching. He served as the chair for the Canadian Society for Exercise Physiology from 2015 to 2017, and has served on their board of directors or on their committees for the past 12 years